

Home Learning Project Term 4 Week 1 - Food

Age Range: EYFS

Weekly Maths Tasks (Aim to do 1 per day)

- Use a 10 frame to count out a range of different objects. The children should clearly be able to see 'how many' the more they practise. You could use coloured stickers, counters, shells, beads etc.
- Make a 10 frame game for 2 people, each with 10 frame. Who can make 10 first by rolling a dice and placing objects on?

- Making pairs....using socks, cards, toy animals, Can you make pairs with an odd number? What do you notice?
- Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?
- Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?

Weekly Reading Tasks (Aim to do 1 per day)

- Read a variety of books at home. Look out for our Class Stories posted on the school Face Book Page.
- Reception age children: read to parents daily. Either visit Oxford Owl for free eBooks. (You can create a free account at: <https://www.oxfordowl.co.uk/for-home/>) or spend some time reading the scheme books provided in the home learning pack – maybe your child could write a 'book review' about their favourite book and draw a picture. We would love to see them!
- Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list. Select a recipe and make this together. Encourage your child to read the labels on packaging to figure out which ingredient it is.

Weekly Phonics Tasks (Aim to do 1 per day)

- Daily phonics – Practice reading, writing and saying **all** the letters and sounds from Phase 2 –

s,a,t,p,i,n,m,d,g,o,c,k,ck,e,u,r,h,b,f,ff,l,ll and ss.
- Can your child remember the alphabet names as well as the phonic sounds for these letters? Can you sing the alphabet song together? Remember to look at Jolly Phonics and Alphablocks to support your child with their phonics learning.
- Use the phonics resources in the Home Learning Pack to introduce our first Phase 3 letters and sounds this week – 'j' and 'v' – practise learning these new letters using the games available on the PhonicsPlay website.
 - Pour rice or lentils into a shallow tray or plate. Show your child a letter, digraph,

Weekly Writing Tasks (Aim to do 1 per day)

- Practice forming the letters of the alphabet – use the worksheets in the home learning pack to help – particularly try to write letters **j and v** this week.
- Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them and draw the finished meal. Some children may be able to write a short sentence as an instruction or bullet points.
- Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer. Support them to design a package for a treat of their choice.
- Watch the retelling of the Chinese New Year story about the animals racing across the river (on the School Facebook Page). Can your child write about their favourite animal or part of the story and

trigraph or tricky word and ask them to 'write it' with their finger.



draw a picture? i.e. 'The rat cheated and he won the race'. As always, we would love to see your hard work.



Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- **Healthy Choices** -
 - Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and less healthy? Discuss why the food is good for you and stress the importance of a balanced diet.
 - Discuss how exercise is an important part of staying healthy. Watch and complete a Joe Wicks workout or something similar...
- **5 a day**-
 - Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.
- **Create a collage**-
 - Ask your child to draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Provide them with a selection of colourful packaging. Can they cut out and collage on to their picture to
- **Play shops**-
 - Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.
- **Potato/ Vegetable Printing**-
 - Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:



- **Make cornflour gloop**-
 - Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.
- **Sample Chinese Food**-
 - To fit in with our 'mini project' about the Chinese New Year Festival, you could encourage your child to sample some Chinese food. Stir fry and noodles are delicious and nutritious and prawn crackers and fortune cookies are a special treat too. Have

you got any chop sticks at home you could all try and eat with?

